

Curriculum Planning 2020-2021

PSHE (RSHE) Curriculum Overview



	AUTUMN- Relationships			SPRING – Health & Wellbeing			SUMMER – Living In the Wider World		
	Families & People who care for me	Caring Friendships & Safe relationships (including On Line)	Respecting Ourselves & Others	Growing & Changing	Being Safe (including Internet safety & personal relationships)	Physical Health & Mental Wellbeing	Media Literacy & Digital Resilience	What makes a community (includes taking risks)	Money & Work (Economic wellbeing & financial capability)
	All About Me		Let's Celebrate	To Infinity & Beyond		Keep Going, keep growing	You have reached your destination		All checked In
Nursery	Journey In Love – Social & Emotional RSHE – I am me – we are special Good feelings, Bad feelings Being Kind Mommy, mamma and me – Celebrate my family			Journey In Love – Physical RSHE – Growing Up (Life Cycles) Keeping Safe Personal Relationships The judgemental Flower – Valuing difference of others			Journey In Love – Spiritual RSHE –Keeping Safe Me, You Us That's not how you do it It's OK to be different		
Reception	My World, your World		Festivals & Celebrations	The Skies Above My Eyes		The Tiny Seed	Wheels In motion		Sea, Shells & Sunshine
	Journey In Love – Social & Emotional RSHE – I am me – we are special Hair Love Good feelings, Bad feelings Positive Friendships The family Book – Understand that all families are different Mommy, mamma and me – Celebrate my family			Journey In Love – Physical RSHE – Growing Up (Life Cycles) Keeping Safe Personal Relationships Blue Chameleon – It's good to be friends with someone different My mouth is a volcano – respecting others			Journey In Love – Spiritual RSHE –Keeping Safe Me, You Us You Choose – Say what I think It's OK to be different No difference between Us – gender equality, respectful relationships, tolerance, acceptance.		



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Year 1	People who care for my world : Mother Theresa	Widnes in Winter		Pirates & Adventures			The Great Fire of London	Why does Japan love Panda Bears	
	Journey In Love – Social & Emotional RSHE –Who we are matters and what we do matters & Saying sorry Elmer – Like the way I am Picnic In Park – Understand families are different That’s not how you do it – Accept people are different Ten Little Pirates – all genders have equal value No One else like You – Celebrating difference I am perfectly designed - Equality			Journey In Love – Physical RSHE – Personal Relationships Keeping Safe My Grandpa is amazing Recognise people of all ages are valued and special Max the champion – Understand our bodies work in different ways I just don’t like the sound of “No” – understanding we have different opinions			Journey In Love – Spiritual RSHE –Living In the Wider World Who is my neighbour – Diversity, Equality, Community My World, Your World – Understand we share the world with lots of different people Penguin Polly – My voice matters That’s not what I saw – Accept people have different ways		
Year 2	People that changed how we live today.	Back in the 1800s		Survival – Who was the greatest explorer?			Wonderful weather around the world	Could I win a gold medal?	
	Journey In Love – Social & Emotional RSHE - Who we are matters and what we do matters Penguin Polly – How to start a conversation, The Big Book of Families – Explore diversity Introducing Teddy – Having different friends, Picnic In the Park – Families can be different All are welcome & The Big Hair Swap – Equality & Difference			Journey In Love – Physical RSHE – Me, my body, my health, Emotional Wellbeing What the Jackdaw saw – We communicate in different ways The Odd Egg – Understand what makes me proud Just Because – Being proud to be different			Journey In Love – Spiritual RSHE –Living In the Wider World Diversity, Equality, Community The Cycle of Life Blown Away – Be able to work with everyone in class Who we are – exploring difference Let’s Talk about you and me – value and respect, The first Slodge – understand we share the world		



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Year 3	A world we can share with Sir David Attenborough		The Mayans	Stone age to Iron Age			Tornados, Tsunamis and Torrential Rain.	How to train for the Olympics in extreme environments .	
	Journey In Love – Social & Emotional RSHE – Being Unique Life Cycle Making the right choice Perfect Square – Develop skills in resilience, Oliver – Understand how difference can affect someone, This is our house – understand impact of discrimination Little Leaders – Exceptional Men in Black History - Equality			Journey In Love – Physical RSHE – Personal Relationships, Keeping Safe, Health Choices Big Bob, Little Bob – Use my voice Nanny Fox – Be honest about myself and know how to speak up, Something Else – Speak up if someone feels like an outsider, Two Monsters – Where do problems start how can I find a solution The Hueys in the New Jumper – Helping someone who may seem different			Journey In Love – Spiritual RSHE –Supporting Others Living In the Wider Community Beegu – How to be welcoming Rosie Revere, Ada Twist, Gender equality Stellaluna – Triumphant over adversity and different able bodies, Pearl Fairweather –The prevention of violence, respectful relationships – equality, Annies Plaid Shirt – Tolerance & self esteem		
Year 4	The boycott that inspired a dream		The Rotten Romans	Myths and legends			Anglo Saxons & Scots	How to live like an Olympian?	
	Journey In Love – Social & Emotional RSHE – Proud to be me Positive Friendships, Cyber Safe We are all born free –Human Rights The Cow who climbed a tree – How to be assertive, Dogs don't do ballet –how to be heard, King & King – Why do people get married, The story of Ruby Bridges – Equality & racism Little Leaders – Bold Women in Black History – Equality, Rosa, Shaking things Up			Journey In Love – Physical RSHE – Me, my health, my body Emotional Wellbeing Are you a boy or a girl –using pronouns The Way back home – overcome language as a barrier, The flower – knowing when to ask questions, Misery Moo – how does my behaviour and mood affect others, Emmanuel's Dream – Different able bodies, The colour thief – living with depression			Journey In Love – Spiritual RSHE –Helping others Living in the wider world The best cow n the show – speak up for others A crayons story – to be happy with who I am Leaf – overcome fears about difference The Girkl who thought in pictures – gender equality and ability equality The Proudest Blue		



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Year 5	The Beatification of Oscar Romero		The invaders (Vikings to Visitors)	From Earth to the Stars – Extreme Earth			The Ancient Greeks		Are the Olympics Greek or Roman?
	Journey In Love – Social & Emotional RSHE –What is faith Respect & Honesty Me, my body, my health Two of everything – Sharing problems Where the poppies grow – learning from past Rose Blanche & How to steal a dog – justify my actions How to steal a dog – Justify my actions The Black Dog – Confronting your fears Full Cicada Moon m- Positive change from speak up Hidden Figures - Equality			Journey In Love – Physical RSHE -Personal Relationships Keeping Safe The Red Tree – Hope The Cow who climbed a Tree – how to exchange dialogue Misery Moo – Be aware of how my behaviour affects others How to heal a broken Wing – Recognise when someone needs help The artist who painted a horse blue – artistic freedom			Journey In Love – Spiritual RSHE – Created to live in a community (Living in the wider world) And Tango Makes 3 – The one and only Ivan – Accepting people who are different 100000 Dresses – Accept myself for who I am Child Soldier – Awareness of Social justice and conflict Lost & Found Cat – Importance of kindness & acceptance (consequences of displacement)		
Year 6	WW2 – Our country, Our World			Extreme Explorers – how did Shackleton survive the Antarctic?			Ancient Sumer		Who was the host with the most?
	Journey In Love – Social & Emotional RSHE –Trust & Courage The Thing – welcome difference & stand up to discrimination, My Princess Boy – celebrate diversity The Whisperer – Stand up to discrimination – my voice, Dad, David Baba and me – understand different families- challenge bullying The Story of Windrush			Journey In Love – Physical RSHE - emotional wellbeing Making good choices Keeping Safe The Island – Challenge causes of racism Leaf – Overcome fears about difference Love you forever – Consider how my life may change as I grow up Are you a boy or girl – consider how you use pronouns			Journey In Love – Spiritual RSHE –Being a positive force in the community (Living in the wider world) What can you do with an Idea – have confidence We are all born free – Amnesty International – Respect Human Rights Dreams of Freedom – Recognise my freedom		

