



Individual

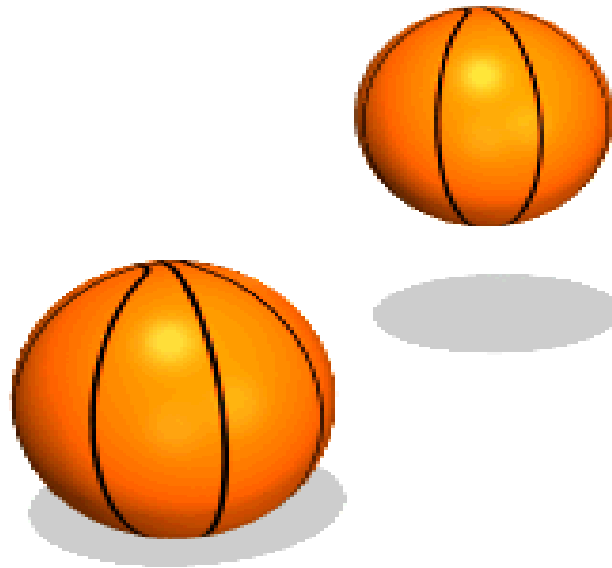
Liberty

Resilience

you become more resilient by setting your own goal and being determined to achieve them.



Resilience



Let's think...



It's the ability to bounce back or when something is difficult, or doesn't go your way, you don't give up you keep doing your best.

Why is this important for you and others?



What does resilience look like?



Let us reflect

*I can do
all things
through
Christ
who
strengthens
me.*

-Philippians 4:13 NKJV



Dear Lord,

Don't let any troubles bring me down, Don't let any problems or obstacles keep me from trying. Don't let my own fears keep me from achieving my dreams.

Help me not to give up for any reason. Help me to believe in myself and others

Amen

- God Loves us all
- We show respect and welcome everyone at our school.